bioheart™

quick guide

YOUR
HEART

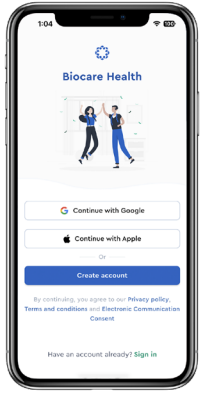
SETTING UP BIOHEART

1 DOWNLOAD

Download the Biocare Health app on the App Store or Google Play store to get started.

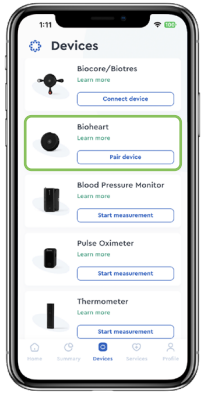
2 GET STARTED

Login or create your account in the Biocare Health app and verify your email (new users only) to begin device set-up and connect your device.



3 PAIR

Power ON Bioheart by pressing and holding the POWER button for 5 seconds, or until the center button rapidly blinks GREEN. The center button will blink PINK when Bioheart is ready to pair. Go to the DEVICES tab and in the BIOHEART section, tap PAIR DEVICE. Follow the prompts in the app to pair your device.



1. BLUE not wearing.
2. GREEN while wearing.

PAIRING TIPS:

- Your phone should be ON and have **Bluetooth enabled**
- Bioheart's center button will blink **BLUE**[1] or **GREEN**[2] when paired successfully

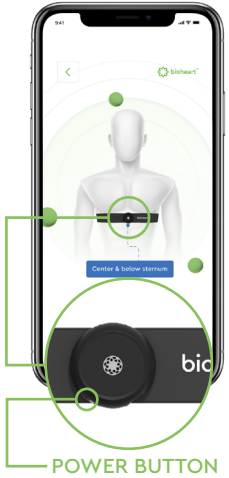
For assistance, contact:
support@bioheart.com

FIRMWARE UPDATE

Once Bioheart is paired, go to **DEVICES/BIOHEART ▶ VIEW DETAIL** to verify that firmware is up-to-date.

4 WEARING BIOHEART

To wear Bioheart, connect the snaps on the device to the strap and wrap it around your chest (**requires direct skin contact**). Adjust the strap as needed.



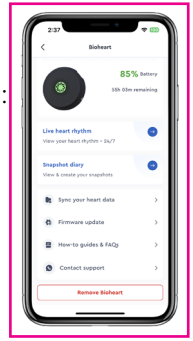
The device should be at the front of the strap, centered above your abdomen and below your sternum.

POSITIONING TIPS:

- Power button should be facing down
- Adjust the strap for a snug fit without creating discomfort to ensure a high-quality signal

5 USING & RECORDING

Bioheart is always recording, 24/7 when worn.



Go to DEVICES ▶ BIOHEART/VIEW DETAIL to:

- View LIVE HEART RHYTHM
- View & create SNAPSHOTS
- SYNC YOUR HEART DATA
- Access FIRMWARE updates, HOW-TOS, contact SUPPORT

To view and record your live heart rhythm, tap LIVE HEART RHYTHM. A clear signal will look like this

To record an instant snapshot of your live heart rhythm without opening the app, press the CENTER BUTTON on your Bioheart to create a live, 1 minute snapshot.

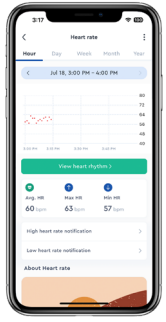
6 VIEW HISTORICAL DATA

A **first of its kind** feature made possible by **24/7 continuous heart rhythm recording**. If you forgot to take a snapshot while wearing your Bioheart, don't worry. Bioheart lets you view historical heart rhythm trends, zoom in on the timeline, and most importantly, create **retrospective snapshots***.

Simply:

1. Go to the SUMMARY tab
2. Tap HEART RATE
3. Use the date and time options to locate the point in time for which you want to create a snapshot
4. Tap that point on the timeline and select VIEW HEART RHYTHM
5. Tap CREATE SNAPSHOT

*Be sure to SYNC YOUR HEART DATA regularly in order to view all available historical data.



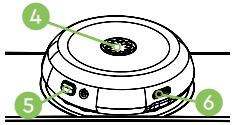
7 SHARE REPORTS

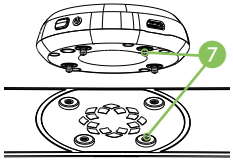
To share your snapshot report:

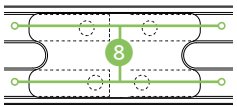
1. Navigate to and tap on your desired snapshot
2. Tap on to view the report
3. Tap on to share the report
4. Share the report via your preferred app

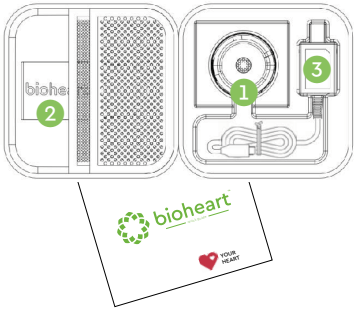
BIOHEART KIT CONTENTS

1. Bioheart Device
2. Strap
3. Bioheart Charger









4. Status Light/Center Button
5. Power Button
6. Charging Port
7. 4 Snap Connections to secure device to strap
8. Strap Electrodes

(reverse side of strap)

STATUS LIGHT GUIDE

STATUS LIGHT	INDICATOR	DESCRIPTIONS
Blinking Pink		Discovery mode; Ready to pair with a new phone.
Slow Blinking Green		Recording heart rate and activity.
Blinking Blue		Bad strap contact or the device is not being worn.
Blinking Orange		Low battery.
Slow Blinking Orange		Charging.
Solid Green		Fully charged.
Fast Blinking Green		Powering ON or OFF.
Fast Blinking Pink		Factory reset; All user data will be deleted.
Solid Orange		Internal error(s).

SAFETY & SYMBOLS

SYMBOL	DEFINITION
FC	This is the FCC logo indicating compliance with the FCC rules for wireless devices.
	Follow instructions for use!
MR	Device is not MRI Safe.
	Device is not defibrillator proof.
	Keep dry! Bioheart is not waterproof.
IP22	Protected against solid objects over 12.5mm (e.g., a finger). Protected against falling drops of water when tilted up to 15°.
	Power Button; Resume from Standby mode.

Bioheart name, logo, and tag lines are trademarks of Biotricity Inc. US and International Patents Pending. Bioheart does not require a prescription.

Bioheart is a consumer device and is not a medical device. Bioheart does not diagnose, treat, cure, prevent or repair any disease. Metrics measured and provided by the Bioheart are an estimation, and may not be completely accurate. They are for reference only. Biotricity accepts no responsibility for any erroneous readings and their consequences. Bioheart is not a substitute for medical advice. If users of the Bioheart are concerned about the metrics obtained from the Bioheart, they should consult their physician directly for further advice. Biotricity disclaims any representation made, whether explicitly or implicitly, which would suggest the accuracy of the data obtained is suitable for clinical interpretation.

Bioheart and its accessories could suffer from interference from external electrical sources. Individuals with a pacemaker or other internal electronic devices within should consult their physician before using the Bioheart. In the event of a medical emergency while wearing the Bioheart, contact a healthcare provider immediately. Biotricity disclaims any liability in such an event. Biotricity will not be liable for damages arising out of the use of Bioheart for unintended purposes.

Bioheart as described herein, and subsequent versions, may or may not be the same as advertised and may or may not differ in features and functionality. Any statements made in this guide in relation to Bioheart, its features, functionality are based on design concepts that the company believe are achievable but the product may be different.

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TROUBLESHOOTING

PROBLEM	SOLUTION
No Power/Low Battery	Recharge the device.
Battery does not last the expected number of hours	Contact Biotricity Customer Service.
*Noise artifacts on the heart rhythm signal and/or Bad contact **some unavoidable noise artifacts may occur during periods of excessive motion*	Disconnect Charging Device.
	Ensure strap is securely attached to the user (requires **direct skin contact**), and that the device is securely connected to the strap via the 4 snap connections. Visit bioheart.com/support
Any other errors	Contact Biotricity Customer Service.

To update firmware, go to:
DEVICES ▶ BIOHEART/VIEW DETAILS ▶ CHECK FOR UPDATE

SUPPORT

You can find tips, tutorials and information about Bioheart in your Biocare Health app. Go to: DEVICES ▶ BIOHEART/VIEW DETAIL.

For support and customer service, please contact:
support@bioheart.com

Need more help? Visit bioheart.com/support to view the latest version of the Bioheart Quick Guide.

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